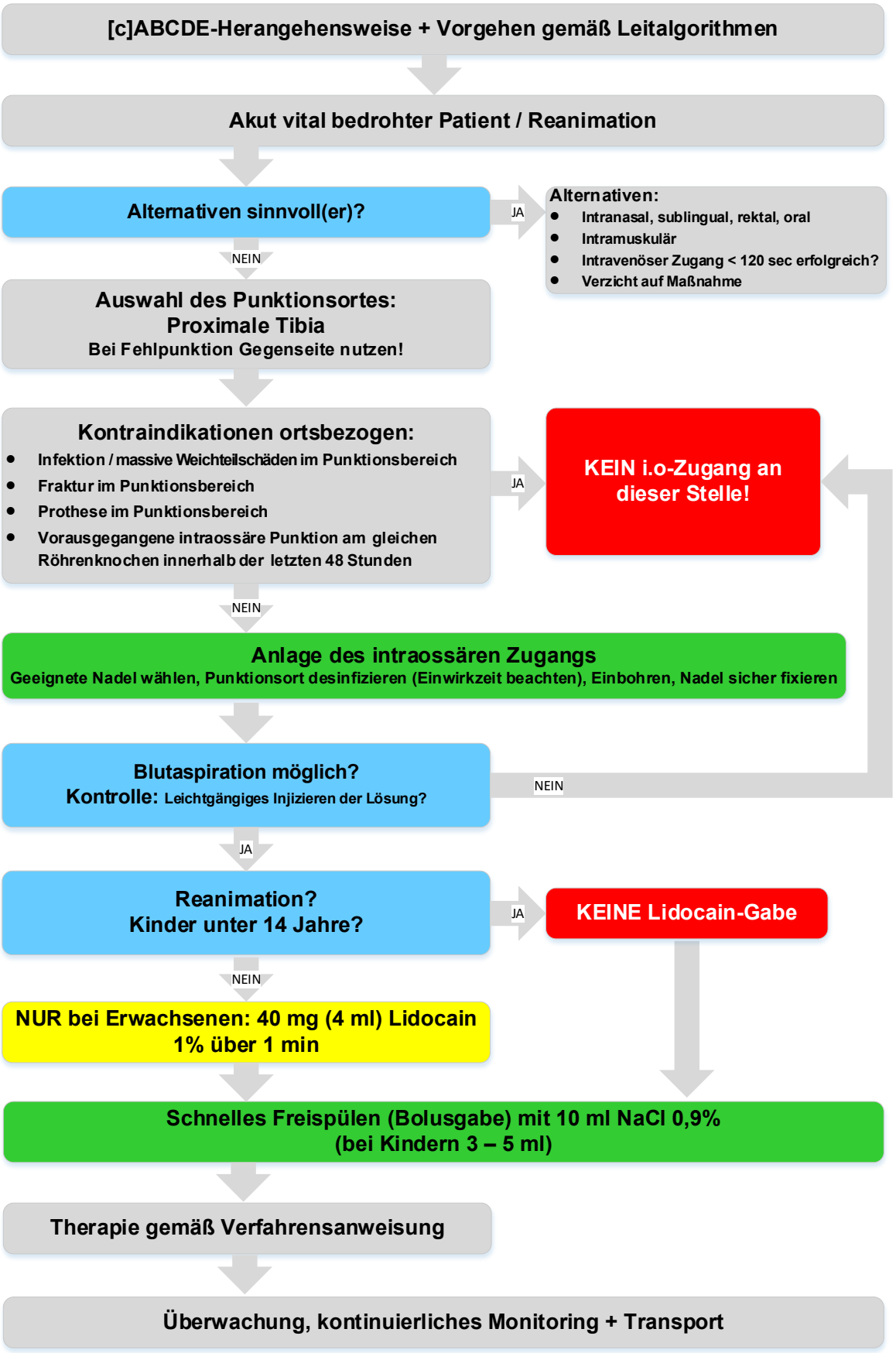INTRAOSSÄRER ZUGANG